AL.1.921



### Staff Development Calendar

**September 1987 - June 1988** 





### STAFF DEVELOPMENT CALENDAR SEPT 1987-JUNE 1988

### OUTLINE FOR STAFF DEVELOPMENT CALENDAR 1987/88

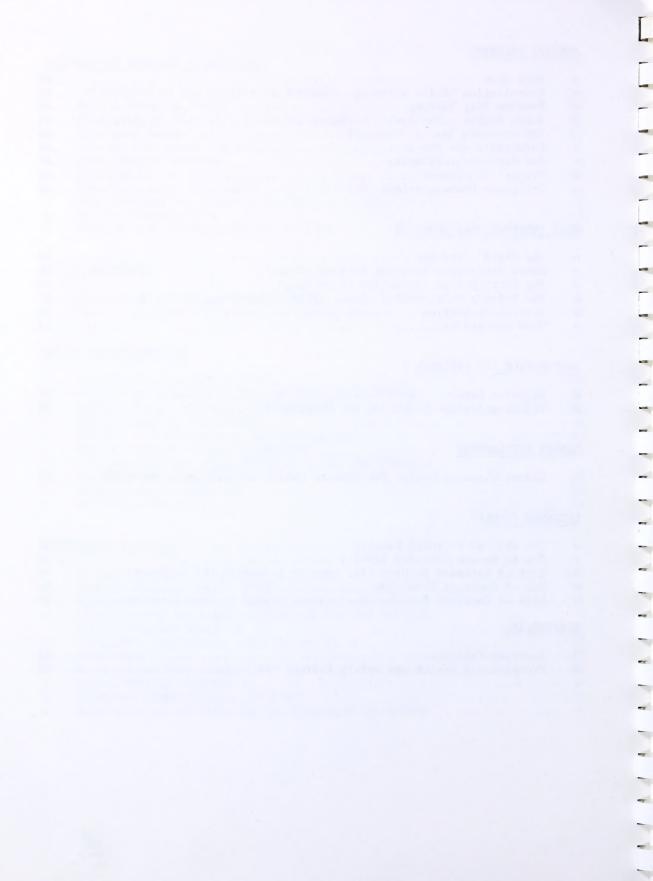
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# Staff Development General Information

### GENERAL INFORMATION

### INTRODUCTION: THE APPROACH TO TRAINING AND DEVELOPMENT

Alberta Social Services is a dynamic organization, continually evolving in response to economic, technological, political and social In this context, there is a strong and ongoing need for training and development to help staff manage change in their work environment and to ensure they have the skills, knowledge and perspectives to deliver services effectively and efficiently and in accordance with Department directions.

The emphasis in this calendar is on training and development services available and delivered in-house. The in-house focus enables training to be tailored to specific job performance requirements. It facilitates greater responsiveness to organizational needs and priorities. It results in more effective and consistent communication of organizational directions, values and norms, thereby ensuring the development of an esprit de corps and an enhancement of service delivery. Further, it develops internal staff supports, networks and an environment of learning from each other.

Meeting training and development requirements of the Department within current budget and time constraints requires a range of strategies. In response to individual training needs, this calendar offers formal, scheduled courses, self-instructional packages, the tailoring of existing courses to specific worksites or work groups, the availability of many courses on a request basis with regional delivery and

flexibility in the required numbers of participants, consultation on a range of training areas, the loan of audio-visual resources, and the use of a Resource Centre at Staff Development. More attention is given to consulting services to assist work groups in developing and improving their capacities to attain their goals and manage the changing work environment.

Management Development will be given increased emphasis in Department. At the time of publication of this calendar a special working group has been given the mandate to develop and implement a comprehensive Department-wide management development program. Further information will be published as the work of this group progresses. For the interim, the calendar describes workshops available in child welfare and child care supervisory training and references PAO management courses endorsed by the Department.

In addition, there are a number of other training and development initiatives underway or being planned. These include: income security training; revisions to the course on child sexual abuse; foster care and adoptions; enhanced legal training; negotiating skills; working in a multi-cultural environment and operating computers and PROFS. Announcements will be made throughout the training year as such programs become available.

### LEARNING CONTRACT

The provision of training and development opportunities which enhance the knowledge, skills and experiences within the Department is the responsibility not only of Staff Development, but also of

supervisors and managers. Use of the learning contract is encouraged as one means of identifying areas for professional development, selecting training and development activities, and applying new skills on the job. A sample of a learning contract has been included in Appendix A to assist you in maximizing the impact of training on the job.

### HOW TO REGISTER

All courses are open to Alberta Social Services employees (see target group in each listing).

### Scheduled Courses

For a number of the courses listed calendar, specific dates have been scheduled.

- o The closing date for registration on courses scheduled from September, 1987 to December, 1987 is September 1st, 1987 or 22 working days prior to the course if it occurs before October 19, 1987.
- o The closing date for registration on courses scheduled from January to June, 1988 is November 20, 1987.
- o The Regional Staff Development Coordinator (RSDC) or regional personnel officer is responsible for the coordination, including registration, of all courses delivered in a region.
- o For personnel working in Corporate Office, registration should be made directly through Staff Development.
- Late registrations will be accepted on courses only when vacancies occur.

### On-Request Training

Additional training programs for a worksite or region may be requested by worksite managers through the

RSDC or regional personnel officer, or for corporate personnel from Staff Development. Such requests should reach Staff Development at least two calendar months prior to the requested date for training.

### Occupational Health and Safety Courses

The courses offered by Occupational Health and Safety, Alberta Social Services, are accessed through liaison officers in the regions and corporate office as listed in Appendix B.

### Method of Registering

The PAO 63A is your method of officially registering for all courses. Please forward your completed PAO 63A to your supervisor/manager for approval. It will then be forwarded to the RSDC or regional personnel officer, or directly to Staff Development for corporate employees, through the normal approval process.

### CANCELLATIONS

- o Cancellations should be made in writing, to your Regional Staff Development Coordinator or regional personnel officer 25 working days prior to the program.
- o Staff Development will accept cancellations from the regions or Corporate worksites up to 22 working days prior to course commencement.

# Staff Development Consulting Services



### STAFF DEVELOPMENT CONSULTING SERVICES

Staff Development offers a variety of consulting services to assist managers and employees to a) identify and acquire job-specific knowledge and skills needed for performance improvement and b) to enhance the efficiency and effectiveness of their work groups.

### ENHANCING ORGANIZATIONAL EFFECTIVENESS

Staff Development consultants utilize organization development techniques to facilitate managers and their staff to bring about desired change. Desired change can result from individuals or groups identifying an existing problem, recognizing an opportunity for improvement or development, perceiving some future needs or simply feeling that "something isn't right". Consultation can assist in clarifying a problem or need for a change, determining required directions, developing alternative ways to proceed, implementing action plans, and considering the need for further action. Assistance is also provided to the process of addressing situations or issues; examples include communication, planning, problem solving, decision making, managing results or objectives and interpersonal/ intergroup cooperation.

The consulting approach of Staff Development is based on the premise that people must be committed to the process of change that will create their future. Those who will be affected by changes need to see them as worthwhile and beneficial. The consulting process reflects the belief that commitment is built by actively involving those who will be affected in the development and implementation of any learning strategies.

This type of consultation service can be effective in the following specific areas:

### Change Strategies

Staff Development can assist managers and their staff to utilize change models to develop their own methods for coping with immediate change and strategies for more proactively anticipating and planning for changes in Departmental directions, programs and organizational structures.

### Team Building

This involves activities designed to enhance the effectiveness of intact work groups. Activities may be related to tasks and the skills needed to accomplish them; the allocation of roles and duties; or to the nature and quality of relationships within the work team. Staff Development assists work teams to identify improvement goals for themselves and then facilitate workshops, team retreats or other group discussion and planning sessions to improve teamwork and output.

### Resolving Conflict

Through Staff Development consultants, managers can identify and implement strategies for The conflict resolution, thereby minimizing intragroup or intergroup problems and enhancing working relationships.

### Facilitating Planning

Consultants provide the role of objective facilitator to work groups in conducting a process to identify and reach consensus on goals, objectives and action plans.

### Clarifying Roles and Relationships

Consultants can serve as facilitators to enable managers and units to discuss and resolve who does what and with what authority Especially in the context of changes in program services and organizational structures, such activities can increase commitments to team-made reduce tensions and provide a more harmonious and working environment.

### DIAGNOSING REQUIREMENTS FOR TRAINING

The decision to train may result in a costly and time consuming venture in terms of human resources. It is therefore very important that supervisors and managers make informed and cost efficient decisions in this area. Staff Development can provide assistance through consultation and expert advise on what training is required, what resources are necessary to fulfill this training and how best to accomplish it.

Assistance in this area could include one or all of the following:

- o <u>Competency Profile</u>: provides a <u>listing of tasks and task elements</u> required to perform a job.
- o <u>Task Analysis</u>: identifies the competency level of both knowledge and skills required to perform a specific task.
- o Performance Analysis: identifies skill deficiencies in the performance of a specific task or job.
- Learning Contracts: ensuring maximum benefits from identified training events.

### ASSISTING WORKSITE TRAINING

In addition to training offered through Staff Development, there is frequently a need for regional and corporate worksites or work groups to develop and implement their own unique workshops or on-the-job training activities. Staff Development can provide assistance to individuals interested in planning and conducting such learning events. This support service could include a review of training objectives and design of appropriate training plans, instructional techniques, and the reinforcement of learning back on the job.

### Management Development



### MANAGEMENT DEVELOPMENT

### DESCRIPTION

Development has been identified as a key element of the Department's Human Resource development strategy. A working group has been approved by Executive Committee "to develop and implement a comprehensive, department wide management program". This program will respond to the forces of change in the department. It will satisfy the department's immediate management training needs and will be closely interrelated to future strategic directions, based on defined management standards.

The working group will identify core competencies for management training, develop a training model based on a logical and sequential delivery process, produce required curriculum, and propose the plan to Executive Committee prior to implementation. Information on the working group will be available through supplementary releases.

In the interim, employees can access "Orientation for Managers" and "Financial learn more about Alberta Government Management" offered through PAO.

### FINANCIAL MANAGEMENT

### DESCRIPTION

This course offered by PAO outlines the basic financial management process in the Alberta Government. Participants will identify the elements of financial management and how it differs in the private and public sectors. They will learn how to apply the Financial Administration Act, identify the requirements and issues relating to program budgeting, the budgetary process and budgetary controls and become knowledgeable of payment systems, coding blocks, and reporting systems. Measures and limitations of internal control and systems to reduce the risk of fraud and misappropriation will be discussed.

### FOR WHOM

TRACK A - for managers who have significant financial responsibilities (ie. normally expenditure officers with responsibility for a budget).

TRACK B - for people with limited financial responsibilities who wish to financial systems.

### WHEN OFFERED

Two-day workshop. TRACK B o October 14-15, 1987, Edmonton o November 12-13, 1987, Edmonton o February 3-4, 1988, Edmonton TRACK A o January 14-15, 1988, Edmonton

Standard nomination procedure for PAO courses to be followed: nominations from regions to RSDC or regional personnel officer by August 21, 1987, nominations for corporate office to Staff Development by August 27, 1987. Additional sections may be offered.

### COST

\$100.00 per participant.

### ORIENTATION FOR MANAGERS

### DESCRIPTION

This course offered by PAO acquaints newly appointed managers with centralized systems and resources from which they can obtain additional information or assistance. Areas covered are: organization and functions in Government: decision-making in Government; and Statutes, Regulations, and Orders in Council. In addition, the following topics will be discussed: Public Affairs, Attorney General, Bureau of Statistics, Financial Administration, Role of the Auditor General, Public Works, Supply and Services, Project Management, Property Planning Division, Property Management, Information Services, Supply, Management Personnel Systems, Classification, Employee Relations, Occupational Health and Safety, Recruitment and Selection. Organization Development Division, and Personnel Planning and Career Development. This is an information sharing course and not an in-depth study of any one area.

### FOR WHOM

New managers appointed from outside government who have been in their positions from six months to one year; new managers from within government who may want to attend portions of the program.

### WHEN OFFERED

Three-day workshop;

o November 23-25, 1987, Edmonton

Standard nomination procedure for PAO courses to followed; nominations from regions to RSDC on regional personnel officer by August 21, 1987, nominations from Corporate office to Staff Development by August 27, 1987.

## Supervisory Development



### CHILD CARE SUPERVISORY TRAINING - PART I

### DESCRIPTION

The first of a two part program, this course is designed to provide Child Care supervisors with the skills to enhance job satisfaction for staff while at the same time ensuring their accountability for meeting organizational objectives. Emphasis is given to the supervisors' responsibility for individual performance. The workshop objectives will be to make the Employee Performance Appraisal System a meaningful tool in the supervisory process.

### FOR WHOM

Child Care supervisors as well as certified Child Care workers aspiring to supervisory positions in Child Care programs.

### WHEN OFFERED

o January 11-14, 1988, Edmonton.

### CHILD CARE SUPERVISORY TRAINING - PART II

### DESCRIPTION

The second of a two part program, this training builds on the skills acquired during Part I. This workshop focuses on the role of the Child Care supervisor in ensuring accountability for meeting organizational objectives and providing quality client services. Emphasis will be given to the supervisor's role in developing and maintaining teamwork and achieving exceptional team performance.

### FOR WHOM

Child Care supervisors as well as certified Child Care workers aspiring to supervisory positions in Child Care programs.

### WHEN OFFERED

o February 22-25, 1988, Edmonton.

### CHILD WELFARE SUPERVISORY TRAINING

### DESCRIPTION

This course is an update of the previous Child Protective Services Supervisor's Training and emphasizes the educative and consultative support roles of the Child Welfare Casework Supervisor. Specific topics include: expectations of supervisors by workers in educational and consultative supervision; facilitation and direct provision; of services ongoing professional development and on-the-job instruction; the conducting of supervision sessions; evaluating assessment and case planning skills: utilization and promotion of skills of staff within a unit; assignment of difficult cases with appropriate support; consultation within the Department and with community groups and agencies. Participants will identify ways of assisting their staff to organize and manage caseload pressures and to deal effectively with organizational structure.

### FOR WHOM

All new child welfare casework supervisors and supervisors who need to supplement previous training or enhance skills gained through work experience, in the areas of consultative and educational supervision.

### WHEN OFFERED

Five-day workshop;

- o February 8-12, 1988, Calgary o March 7-11, 1988, Edmonton Time 8:30 a.m. - 4:30 p.m.
- Available on request after January 1988; can be delivered regionally.



# Delivery of Services



### ACTIVITY PROGRAMMING

### DESCRIPTION

This workshop is designed to teach helping professionals the mental hygiene approach to activity programming. Participants will discuss various activity setting dimensions and evaluate both the individual and group variable when selecting activities. Participants have an opportunity to examine the role of play and activities as components of the child's overall treatment program and learn to select specific activities to meet the child's needs. Personal characteristics of the counsellor for successful implementation of activities will also be outlined. Lastly, activity programming as a means for successfully reintegrating the child into the community will be highlighted. course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other staff who are responsible for client activity programs (16-20 participants per workshop).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### CHILD PROTECTION SERVICES CORE

### DESCRIPTION

This program provides practitioners with the basic skills and knowledge necessary to deliver the child protection services program in the department. The course is delivered in nine modules.

### MODULE A - CONDUCTING INTAKE

- o roles and responsibilities
- o intake process
- o crisis intervention techniques

### MODULE B - INVESTIGATION/ASSESSMENT

- o use of a holistic family assessment model
- o responding appropriately to cultural and familial differences
- o interviewing children
- o assessing risk of child maltreatment, suicide and family violence
- o therapeutic use of authority
- o how to deal with resistance
- o writing a diagnostic statement
- o determining required services
- o developing an interim case plan
- o contracting
- o case disposition

### MODULE C - SEXUAL ABUSE INVESTIGATION

- o self-awareness and desensitization
- o dynamics of sexual abuse
- o appropriate interviewing process for investigating alleged sexual abuse cases

### MODULE D - IMPLEMENTATION OF THE CASE PLAN (CPS roles & responsibilities)

- o completing documentation
- o assuming the role of broker
- o providing and ensuring treatment
- o empowering clients
- o monitoring and documenting client progress
- o managing, evaluating, and revising

- the case plan (case review)
- o presenting the case to appropriate
- o preparing the client for termination of service.

### MODULE E - INITIATING APPROPRIATE ACTION

- o consulting with Native Bands and Children's Guardian
- o contracting for necessary services
- o understanding separation theory and its impact on children assisting child/family in dealing with separation
- o apprehension and removal of a child
- o placement of a child (permanent and temporary)

### MODULE F - TIME AND CASELOAD MANAGEMENT

- o effective time management skills applied to managing the caseload
- o goal setting
- o utilization of supervision
- o accessing organizational and community support
- o case conferencing
- o professional development

### MODULE G - WORKING WITH THE COMMUNITY

- o CPS worker's role in prevention
- o development of community resources
- o interface with community agencies
- o evaluation of agency effectiveness

### MODULE H - LEGAL ASPECTS OF CPS

- o Court jurisdictions
- o role and responsibilities of social worker and lawyer
- o preparation of social worker and and witnesses
- o admissible forms of evidence
- o rights and obligations of children, parents, social workers
- o testimony and cross examination
- o conduct in court
- o procedures for application for specific court orders

### MODULE I - MEDICAL ASPECTS OF CPS

- o role and responsibilities of physician in identification of child neglect and abuse
- o physician's process for assessing, diagnosing, referring, and treating cases of child maltreatment
- medical conditions resulting from abuse or neglect
- o communicating with medical personnel
- o protocol in sexual abuse cases

### FOR WHOM

Designed especially for new CPS workers, but is considered a core course for all child welfare workers.

### WHEN OFFERED

Three one-week workshops, each separated by at least three weeks.

o Wave 23 - Calgary
Week I - September 21-25, 1987
Week II - October 19-23, 1987
Week III - November 16-19, 1987

Time 8:30 am - 4:30 pm

o Wave 24 - Edmonton Week I - November 2-6, 1987 Week II - December 7-11, 1987 Week III - January 11-14, 1988

Time: 8:30 am - 4:30 pm

o Wave 25, Calgary
Week I - February 1-5, 1988
Week II - February 29-March 4, 1988
Week III - March 28-31, 1988

Time: 8:30 am - 4:30 pm

o Wave 26, Edmonton
Week I - April 11-15, 1988
Week II - May 9-13, 1988
Week III - June 6-9, 1988

Time: 8:30 am - 4:30 pm

### THE CHILD'S ACCOUNT

### DESCRIPTION

This workshop teaches the use of anatomically correct dolls in the investigation of child sexual abuse. Participants will learn how to: determine a need for the use of dolls; correctly handle the dolls; introduce the dolls to the child and identify the child's terms for body parts and activities; ask focusing questions appropriate to the child's developmental stage; comfort and affirm the child, and close the interview. Sessions can be conducted in workshop or self-study modes and are adaptable to front-line workers as well as professionals responsible for training others in the use of the dolls.

### FOR WHOM

Child protection caseworkers who investigate allegations of child sexual abuse, casework supervisors, child welfare consultants.

### WHEN OFFERED

Available on request; can be delivered regionally or at worksite.

### CHILD SEXUAL ABUSE (Basic Course)

### DESCRIPTION

This course follows the Child Protection Services training and focuses on intervention aspects of child sexual abuse. Participants will clarify their own values and explore issues and sexual terms. They will learn to identify the impact of sexual abuse on children at different developmental stages; recognize signals and dynamics of incest and sexual abuse; outline procedures for investigating, intervening, and treating cases of sexual abuse; identify emergency cases and describe appropriate procedures; and develop a case for a sexually abused child in foster care.

### FOR WHOM

Child welfare workers and supervisors who have had not previous training in dealing with child sexual abuse. (12-20 participants per workshop.)

### WHEN OFFERED

Two-day workshop.

o February 23-24, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.

### COMMUNICATION SKILLS AND RELATIONSHIP DEVRLOPMENT

### DESCRIPTION

This course is designed to teach helping professionals the principles of developing positive, therapeutic relationships. This program is a prerequisite to the counselling workshop and aims at improving skills in the first stage (rapport development; problem exploration and clarification) of the three stage counselling process. Skills such as responding using "I" statements and giving and receiving feedback will be covered. The program also aims to increase participant understanding of communication blocks and defensive behavior and provides participants an opportunity to develop an awareness of their own interpersonal communication style. Participants have an opportunity to practise skills in the workshop. course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other helping professionals who work with children (12 - 15 participants per workshop).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### COUNSELLING

### DESCRIPTION

This workshop is designed to teach helping professionals a comprehensive problem-management model of individual counselling. Specific skills are taught which enable the participants to work through Egan's three stage counselling process. This workshop focuses primarily on the last two stages of the counselling process: the second stage of developing new perspectives and setting goals, and the third stage of facilitating action from behavioral change. This workshop includes two follow-up integration seminars where participants present audio and/or video tapes of actual counselling interactions which have taken place on the job. These tapes will be utilized for discussion, feedback and the further enhancement of counselling skills. This This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals who work directly with clients (9-12 participants per workshop). Prerequisite is Communication Skills and Relationship Development.

### WHEN OFFERED

Three-day workshop followed up by two one-day integration seminars; available on request; can be delivered regionally.

### COMMUNITY INTERVENTIONS FOR CHILD SEXUAL ABUSE

### DESCRIPTION

This workshop is designed for District Offices and community professionals, groups and agencies who want to establish a coordinated program of intervention in cases of incest. The focus is on the dynamics of incest and on the components and steps in an integrated program. Individually, participants will recognize the importance of the incest problem, identify its source and impact in family dynamics, be able to conceptualize the components of a treatment program, outline the necessary intervention steps, and differentiate the roles of each intervener. Collectively, participants will share a body of knowledge regarding dynamics of incest, plan an integrated intervention program, and create a format for program implementation.

### FOR WHOM

Any community professionals who are directly involved in dealing with incest or who may be involved in planning delivery of such services (Child Protection Workers, Police, Physicians, Mental Health Workers, Crown and Defense Attorneys, Community Correction Officers); a District Office must act as the 'sponsor' for this workshop. The community should have a commitment to develop an effective intervention strategy. Ideally there will be a core planning group with a knowledge of relevant local issues and resources (15-25 participants).

### WHEN OFFERED

Two-day workshop with pre-workshop consultation and one post-workshop follow-up; available upon request.

### CONSULTATION SKILLS TRAINING

### DESCRIPTION

This course will develop the participants' ability to act in a consulting capacity within the Department and with community agencies and groups involved in service delivery. The course focuses on the roles of the consultant, the consulting dimensions, phases of organizational change, and models and theories relating to social power, entry, problem solving and action planning. Participants will develop skills in: establishing a consulting relationship; contracting; gathering and analyzing data; choosing interventions for various consulting situations; designing plans of action; developing evaluation and follow-up steps and making presentations to clients. Emphasis will be on group work and team activities. Self-examination, feedback, critique, planning, and discussion with others will be stressed. That portion of the course devoted to theory will include lecturettes and workbook exercises.

### FOR WHOM

Individuals who consult within the public service or with non-government clients.

### WHEN OFFERED

Five-day workshop;

o November 2-6, 1987, Red Deer o March 7-11, 1988, Lethbridge

Time: 9:00 am - 4:30 pm

Also available on request after November 1987; can be delivered regionally.

Also listed under "Special Programs and "Communication Skills".

### COURT PREPARATION AND PROCEDURES

### DESCRIPTION

This course is designed to teach social workers the principles of preparing for court and court procedures. This program aims at increasing confidence in court appearances by providing information on personal preparation, preparation of witnesses, and conduct in court. The role and responsibilities of the social worker, and necessary documentation involved in apprehension and guardianship situations are covered. In addition. participants will examine: admissible forms of evidence; rights and obligations of children, parents and social workers under current child welfare legislation; examination; and skills in presenting testimony. The positive uses of authority in social work/court intervention are explored.

### FOR WHOM

Child protection workers; can be adapted to other professional staff who appear in court (12-20 participants per workshop).

### WHEN OFFERED

Three-day workshop;

o April 25-27, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Special one-day sessions for Non-Child Protection workers in addition to the three-day workshop are available on request; can be delivered regionally.

### GROUP COUNSELLING

### DESCRIPTION

This workshop is designed to teach the basic theory and skills of group counselling. Participants will explore the dynamics that occur when a client group with common concerns is brought together for the purpose of helping each other. The focus of the workshop will be to develop effective group leadership skills and to practice those skills.

### FOR WHOM

All helping professionals who work actively with client self-help groups (12-18 participants per workshop). It is suggested participants complete Communication Skills and Relationship Development before attending this course.

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### HUMAN DEVELOPMENT

### DESCRIPTION

This workshop is designed to teach human development, from conception to old age, with primary emphasis on childhood and adolescence. The program will provide participants with several conceptual frameworks from which to view development and emphasis is given to the implications of theory to applied child care. The following areas of human development will be covered:

- 1) cognitive development
- 2) development of moral reasoning
- 3) psychosocial development
- 4) motivation and hierarchy of needs.

This course can assist child care counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; may be applicable to other helping professionals who work with children (12-20 participants per course).

### WHEN OFFERED

Three-day workshop; available on request; can be delivered regionally.

### IDENTIFICATION OF MALTREATED CHILDREN

### DESCRIPTION

This workshop provides skills in identification of possible victims of child abuse or neglect. It is aimed at Non-Child Protective Services professionals who come in contact with families. Participants will learn to identify significant indicators of potential maltreatment including parental attitudes and physical signs of maltreated children. Methods of referring suspected cases of abuse/neglect to Child Protective Services are explored.

### FOR WHOM

Social workers in income security; employment opportunities workers; mental health workers; day care workers; and Child Care Counsellors (12-20 participants per workshop).

### WHEN OFFERED

Two-day workshop;

o October 14-15, 1987, Edmonton o March 15-16, 1988, Calgary

Time: 8:30 am - 4:30 pm

Available on request; can be delivered regionally.

### INDIVIDUAL PROGRAM PLANNING

### DESCRIPTION

This workshop is designed to teach the theory and skills involved in developing individual treatment plans. The program is intended to integrate knowledge from other workshops (eg: Human Development) and should therefore be considered an advanced level course. Participants will work through the four phase treatment planning process by writing the assessment, design, implementation and evaluation components for a child they are currently working with. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to all helping professionals who are required to write treatment plans for children (9-12 participants per course).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### MANAGEMENT OF CHILDREN'S BEHAVIOR

### DESCRIPTION

This workshop is designed to teach helping professionals pro-active, collaborative child management techniques. The theories of Dreikurs, Gordon, Dinkmeyer and Ireland will provide the basis for participants to learn how to manage children's behavior in a manner which maintains rapport and mutual respect. Program focuses on behavior management problems that are more individual in etiology. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals who manage children's behavior (12 - 20 participants per course). Suggested prerequisite is Strategies in High Risk Situations.

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### MANAGEMENT OF GROUPS

### DESCRIPTION

This workshop is designed to teach helping professionals the concepts of systems theory as it relates to the understanding and management of a given client group. Participants will recognize the need for therapeutic intervention at the group level and develop an awareness of the client group as a resource as opposed to a liability. Emphasis will be placed on teaching group assessment skills and the concepts of positive peer culture in order to enhance group functioning and to de-escalate group dysfunction or contagion. Participants will also develop an awareness of the skills required to lead daily management and problem oriented groups. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals who work with client groups (10-16 participants per course).

### WHEN OFFERED

Two-day course; available on request; can be delivered regionally.

### NURTURING SELF ESTEEM IN CHILDREN

### DESCRIPTION

This workshop examines the attitudes, values, and feelings of helping professionals and their impact on a child's personal development. Participants will learn how to: accept, support, encourage, guide, and discipline children; give and receive affection; enable children to be responsible and independent; and help children accept themselves. Participants should come prepared to be involved in self-examination of their own attitudes, value systems, and expression of emotions. Participants will become more aware of their own level of personal self-esteem and how it affects them in their work with children. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other helping professionals who work with children (10-16 participants per workshop).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### OBSERVING RECORDING AND REPORTING DESCRIPTION

This workshop introduces helping professionals to the fundamental skills of observing, recording and reporting behavior. Various recording procedures such as frequency counts and time-interval recording will be discussed. Also, characteristics of effective reports and use of specific recording forms will be outlined. Program aims to increase participant awareness of their own subjective interpretations and personal biases when observing and recoding behavior. Primarily for those employees working with clients in an institutional setting. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other helping professionals (12-20 participants per course).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### ORIENTATION TO THE CHILDREN'S GUARDIAN DESCRIPTION

This seminar covers the concept of separation of guardianship and custody in the delivery of child welfare services. The powers and duties of the Children's Guardian, the roles and responsibilities of the Children's Guardian in the community milieu, and the interface of the Office of the Children's Guardian and the Regional Children's Guardian with the Child Welfare Delivery System will be discussed. Other topics covered include Common Law and the Child Welfare Act. perspectives of guardianship and child advocacy within a Child Welfare system.

### FOR WHOM

All departmental personnel involved in the development and delivery of programs for children and families (minimum of 12 participants).

### WHEN OFFERED

One-day lectures:

- o November 10, 1987, Calgary
- o February 2, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.

### SOCIAL LEARNING THEORY

### DESCRIPTION

This workshop is designed to teach helping professionals learning theory. Such principles as reinforcement, modelling, shaping and punishment will prepare participants for applying this theory on the job. Emphasis will be placed on learning skills required to implement behavior management programs. Historical influences and relevant theories will also be highlighted at the start of the workshop. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals required to manage client behavior (12-20 participants).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### STRATEGIES IN HIGH RISK SITUATIONS

### DESCRIPTION

Four stages of child management (prevention, de-escalation of high risk situation, non-abusive restraint, and self defense) are explored. Alternatives to physical restraint and awareness of non-verbal messages and their effect are emphasized. Course content includes: relevant government policy, evaluation of milieu, reasons for acting out behavior and appropriate intervention strategies, non-abusive restraint and escort techniques, and non-abusive escape and defense techniques. Participants are given opportunities to practice the demonstrated techniques. course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other helping professionals (minimum of 12-18 participants per workshop).

### WHEN OFFERED

Three-day workshop plus a one-day follow-up; available upon request; can be delivered regionally.

### SUBSTANCE ABUSE

### DESCRIPTION

This course is designed to assist helping professionals in the identification and referral process of clients who are drug/alcohol abusers. Topics covered include: framework for understanding drugs; theories of transition; recognition and assessment; intervention and motivation; treatment approach; and collaboration.

### FOR WHOM

Social Services helping professionals (maximum of 20 participants).

### WHEN OFFERED

One-day lecture with discussion.

Presenters are staff of AADAC Community
Education.

o October 8, 1987, Edmonton o April 6, 1988, Calgary

Time: 8:30 am - 4:30 pm

### SUICIDE PREVENTION TRAINING WORKSHOP

### DESCRIPTION

This workshop, designed for workers who deal with potentially suicidal clients. teaches skills in information gathering, risk assessment, crisis intervention, and case planning. Individuals will examine their own personal attitudes towards death, suicide, and helping a client at risk, and will identify Department guidelines and legislation regarding appropriate ways of dealing with the suicidal client. Special attention will be given to children, adolescents and Natives as client groups. Videos specific to child welfare in the Department are used to demonstrate and practice risk assessment.

### FOR WHOM

Child welfare workers; institutional workers; case worker supervisors and consultants (12-20 participants per workshop).

### WHEN OFFERED

Three-day workshop.

- o October 20-22, 1987, Edmonton Time: 8:30 am - 4:30 pm
- o November 24-26, 1987, Medicine Hat 9:00 am 4:30 pm
- o December 2-4, 1987, Calgary 8:30 am - 4:30 pm
- o January 26-28, 1988, Edmonton 8:30 am - 4:30 pm
- o March 22-24, 1988, Edmonton 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.

### TASK CENTERED CASEWORK

### DESCRIPTION

This workshop introduces a problem-solving model of casework, focusing on short-term involement with clients. Participants will be able to identify a client as suitable for Task-Centered Casework, select target problems with client, set goals for working with a client, and produce a realistic and specific contract in collaboration with a client. During a follow-up session, participants will demonstrate how they were able to put the principles of Task-Centered Casework into practice.

### FOR WHOM

Social workers; other individuals should contact their RSDC to discuss appropriateness (12-20 participants).

### WHEN OFFERED

Two-day workshop plus a one-day follow-up (about 4 weeks later).

- o November 18-19, 1987, Edmonton Follow-up - December 17, 1987, Edmonton
- o April 20-21, 1988, Calgary Follow-up - May 19, 1988, Calgary

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.

### TEACHING LIVING SKILLS

### DESCRIPTION

This course is designed to train helping professionals in methods of teaching living skills to clients with skill deficits. This workshop describes the processes of learning, writing of behavioral objectives, developing content and support knowledge, and the writing of formal lesson plans to correct skill deficits. Participants have an opportunity to practice teaching the finished modules. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals who work with children (9-12 participants per course).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### THE THERAPEUTIC ENVIRONMENT

### DESCRIPTION

This course is designed to teach helping professionals the planned use of the therapeutic milieu as part of the child's overall treatment program. The therapeutic milieu is viewed as both a means and context for teaching emotional, social and physical competence. Participants will examine the components of the therapeutic milieu, the therapeutic relationship in that milieu and the means by which residents achieve growth and change. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; all helping professionals who work with clients in a residential setting (12-20 participants per course).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### UNDERSTANDING AND MANAGING THE HELPING RELATIONSHIP

### DESCRIPTION

This course provides participants with the knowledge and skills required to understand, initiate, or engage in the helping relationship. Topic areas can include: developing rapport with resistant clients; diffusing hostility during a telephone contact or interview; turning conflict into cooperation; and getting required information without interrogation.

### FOR WHOM

All helping professionals; the focus and design of the workshop will be determined in consultation with the group initiating the request (workshop size may vary from 8-12 participants).

### WHEN OFFERED

Two or three-day workshop; available on request; can be delivered regionally or to worksites.

Also listed under "Communication Skills".

### VALUES CLARIFICATION

### DESCRIPTION

This workshop focuses on the ethical behaviors that exemplify professional conduct for workers. The importance of code of ethics in one's role as worker will be examined. Participants will identify the phases of value development and recognize and rank the importance of their own values. Differences between a professed value and an expressed value. and the implications of value confusion for the client are discussed. Participants will give an on-the-job example of a "conflict of interest". workshop is designed to involve participants in practical experiences to help them become aware of their own values, attitudes, beliefs and to base decisions on a value system. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors and other helping professionals (10-20 participants per workshop).

### WHEN OFFERED

Two-day workshop; available on request; can be delivered regionally.

### WORKING WITH SEXUALLY ABUSED CHILDREN

### DESCRIPTION

This workshop examines factual information and personal attitudes about sex, sexuality, and sexual abuse. Participants will distinguish myths from facts; recognize signs of child sexual abuse; understand the effects of sexual abuse on the child's behavior; and learn therapeutic strategies for coping with behaviors of child sexual abuse victims. This course can assist Child Care Counsellors in preparing for certification.

### FOR WHOM

Child Care Counsellors; can be adapted to other helping professionals (12-20 participants per workshop).

### WHEN OFFERED

Two-day workshop; available on request; cam be delivered regionally.



### Native Awareness



### UNDERSTANDING NATIVE COMMUNITIES

### DESCRIPTION

The program aims to develop an increased awareness and understanding of Native peoples' history, culture and values and family/kinship system. Emphasis is given to Native communities within Alberta. Issues and concerns regarding appropriate service delivery to Native communities will be discussed during the final half-day of the workshop.

### FOR WHOM

Departmental staff who are not involved in child welfare service delivery but who come in contact with Native people through their work. Personnel who have taken PAO Cross-Cultural Awareness Program <a href="mailto:should-not">should not</a> attend this course (15-25 participants per workshop).

### WHEN OFFERED

Two-day workshop.

o September 29-30, 1987, Medicine Hat

Time: 9:00 am - 4:30 pm

o January 20-21, 1988, Calgary

Time: 8:30 am - 4:30 pm

o February 17-18, 1988, Edmonton

Time: 8:30 am - 4:30 pm.

Also available on request; can be delivered regionally.

### WORKING WITH NATIVE PEOPLE AND COMMUNITIES

### DESCRIPTION

This program is focussed on providing Departmental child welfare staff with basic information needed to work with Native people both in and out of their communities. The program develops an increased awareness and understanding of Native peoples' history, culture, values, attitudes, issues and concerns. It builds on this awareness and examines the impact of the role of the child welfare worker upon Native people; case planning and decision-making; intervention strategies; service delivery modes and referral sources through case examples; problem analysis; group process and audio-visual resources. The role of Alberta Social Services and it's impact on Native people will be explored through films and case studies presented by instructors familiar with Native cultures and practitioners skilled in social work within Native settings.

### FOR WHOM

Child welfare personnel who provide services to Native people and those who practice in Native communities (15-25 participants per workshop).

### WHEN OFFERED

Four-day workshop;

o September 22-25, 1987, St. Paul

Time: 9:00 am - 4:30 pm

o November 16-19, 1987, Edmonton

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.



## Office Administration



### DEALING WITH THE PUBLIC

### DESCRIPTION

This course will enable participants to recognize the benefits of a positive attitude when assisting the public and improve interpersonal skills for dealing with them. Strategies for coping with job stress, telephone techniques, and effective problem solving skills will be learned. Participants will be introduced to the organization and functions of the Alberta Public Service. This course is offered through PAO.

### FOR WHOM

Staff whose jobs involve contact with the public by telephone, in person, or through correspondence.

### WHEN OFFERED

Two-day workshop;

September 10-11, 1987, Edmonton September 28-29, 1987, Edmonton October 19-20, 1987, Edmonton November 12-13, 1987, Edmonton December 1-2, 1987, Edmonton December 7-8, 1987, Calgary January 11-12, 1988, Edmonton January 28-29, 1988, Edmonton February 8-9, 1988, Edmonton February 25-26, 1988, Edmonton March 18-19, 1988, Edmonton March 22-23, 1988, Edmonton

Standard nomination procedure for PAO courses to be followed; nominations for regions to RSDC or regional personnel officer by August 21, 1987, nominations for Corporate office to Staff Development by August 27, 1987.

Also listed under "Communication Skills"

### COST

\$95.00 per participant.

### DRM 1 - INTRODUCTION TO RECORDS MANAGEMENT SYSTEMS

### DESCRIPTION

This course will enable participants to describe the organization and objectives of the records management program; describe how the Department File Classification System operates and classify records accordingly; identify, describe, and select suitable types of records equipment and supplies; and identify and use support records maintenance systems.

### FOR WHOM

Records Office Staff; Records Office Supervisors; Staff involved in the development and maintenance of systems converting to the Departmental File Classification System (maximum of 20 participants).

Participants must complete and submit a learning contract to Records Services at least two weeks prior to course attendance and must bring Volume 2 of the Records Management Manuals to the workshop. Participants must also read chapter 7 and 9 of the Records Management Manual Volume 1. A certificate will be issued upon successful completion of the DRM 1, DRM 2 and DRM 3 series.

### WHEN OFFERED

Two-day workshop;

Edmonton/Northeast/Northwest Regions Headquarters o September 14-15, 1987, Edmonton

Calgary/South/Central Regions o January 18-19, 1988, Calgary

### DESCRIPTION

This course will enable participants to describe the records improvement methodology and indexing methods; state the purpose of and complete a records inventory; convert records to the standard departmental records management system; and create a records procedures manual.

### FOR WHOM

Secretaries, records office staff and supervisors, staff becoming involved in the development and maintenance of filing systems (maximum of 20 participants).

Completion of DRM 1 is mandatory for participation in this course. Participants will submit a Learning Contract at least two weeks before course commencement to Records Services. A certificate will be issued upon successful completion of the DRM 1, DRM 2, and DRM 3 series.

Participants must bring Volume 2 of the Records Management Manuals to the workshop. Participants must also read chapters 6, 8, 9, and 14 of the Records Management Manual Vol. 1.

### WHEN OFFERED

Two-day workshop;

Edmonton/Northeast/Northwest Regions/ Headquarters o October 13-14, 1987, Edmonton

Calgary/South/Central Regions o February 15-16, 1988, Calgary

Time: 8:30 am - 4:30 pm

### DRM 3 - RECORDS DISPOSITION

### DESCRIPTION

This course focuses on the records scheduling and disposition process and PRC authority implementation.
Participants will develop skills in non-record material disposals, records transfers/disposals, and records retrieval. They will be able to describe and use the services of the Alberta Records Centre and the Provincial Archives of Alberta.

### FOR WHOM

Secretaries, records office staff and supervisors, staff becoming involved in the development and maintenance of filing systems (maximum of 20 participants).

Completion of DRM 1 and DRM 2 is mandatory for participation in this course. Participants will submit a Learning Contract to Records Services at least two weeks before course commencement. A certificate will be issued upon successful completion of the DRM 1, DRM 2 and DRM 3 series.

Required readings are Chapters 8 and 9 of Records Management Manual, Volume 1.

### WHEN OFFERED

 $1\frac{1}{2}$ -day regional courses or 1 day headquarters course; (duration is different due to process involved in the regional systems).

Edmonton/Northeast/Northwest Regions o November 16-17, 1987, Edmonton

Calgary/South/Central Regions o March 14-15, 1988, Calgary

Headquarters o November 18, 1987, Edmonton

### DRM 10-INTRODUCTION TO FORMS MANAGEMENT

### DESCRIPTION

This course focuses on the effective use of Forms Services to create or improve forms. Participants will learn how to initiate forms procurement action and identify forms needs while avoiding needless forms. The cost benefit of forms will be discussed.

### FOR WHOM

Anyone performing or supervising the acquisition process of forms (maximum of 15 participants per workshop).

A certificate will be issued upon successful completion.

### WHEN OFFERED

One-day workshop.

Edmonton/Northwest/Northeast Regions/ Headquarters o September 16, 1987, Edmonton

Calgary/South/Central Regions o February 17, 1988, Calgary

Time: 8:30 am - 4:30 pm

### DRM 11-CLIENT RECORDS MANAGEMENT

### DESCRIPTION

This course focuses on appropriate filing systems, equipment, and supplies applicable to client records. Specific topics covered include the Client Index, Client File standards, and the inventory disposition of client records according to PRC authorities, and handling transmission of confidential records. Participants will be able to maintain client records systems and transfer active files between offices. Client records specifically discussed include Child Welfare, Income Security, and Family Relations, however, the general principles can be applied to other client records systems.

### FOR WHOM

Records office staff and supervisors, social workers (maximum of 15 participants per workshop).

Required readings for the course are Chapters 14, 15, and 17 of the Records Management Manual, Volume 1, and Chapter D, Section 4 of the Administrative Procedures Manual.

A certificate will be issued upon successful completion.

### WHEN OFFERED

Two-day workshop.

Calgary/South/Central Regions o November 30-December 1, 1987, Calgary

Edmonton/Northeast/Northwest Regions/Headquarters o January 11-12, 1988, Edmonton

INTERPERSONAL AND ORGANIZATIONAL SKILLS FOR CLERICAL AND SECRETARIAL STAFF

### DESCRIPTION

This course provides secretarial/clerical staff with an opportunity to develop their interpersonal and administrative The program will enable skills. participants to: assess the impact of their leadership skills on the organization; formulate a personal plan for strengthening existing skills; employ both logical and creative problem solving techniques in typical decision-making situations on the job, identify the means to positive communication and effective conflict resolution methods, identify, strategies to time management, and develop strategies to deal with stress.

### FOR WHOM

Secretarial and Clerical staff (15-20 participants per workshop).

### WHEN OFFERED

Three-day workshop.

o November 25-27, 1987, Calgary o February 10-12, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also listed under "Communication Skills".

### MAKING MANUALS EFFECTIVE

The purpose of this course is to familiarize individuals with Department manuals. Participants will learn to select and write in an appropriate style for any given subject, and use language simplification to reduce lengthy subjects and make them more understandable. Also covered are subject index preparation and construction plan development for the creation or upgrading of a manual. Participants will be able to estimate development time for creating a manual and prepare a production schedule.

### FOR WHOM

Anyone involved in manuals writing or the administration of manuals (maximum of 10 participants per workshop)

Individuals should be familiar with the "Manuals and Directives Management" manual.

### WHEN OFFERED

Two-day lecture/workshop

o September 8-9, 1987, Edmonton o December 7-8, 1987, Edmonton

Time: 8:30 am - 4:30 pm

Others may be scheduled in Edmonton or Calgary if the demand warrants.

### RECORDS INVENTORYING

### DESCRIPTION

This course will detail the requirements for completing records inventory listings used in the transfer of records to off-site storage and subsequent development of a Public Records Committee Authority. Participants will be able to: state the purpose of a records inventory; complete a detailed records inventory; request a transfer of records to alternate storage; and determine suitability of records inventory to the development of a Public Records Committee Authority.

### FOR WHOM

Secretaries; records office staff; clerical support staff; and staff requesting transfer of records to semiactive/offsite storage.

Participants must read Chapter 8 of the Records Management Manual Vol. 1.

### WHEN OFFERED

One-day workshop.

o October 7, 1987, Edmonton



## Communication Skills



### CONSULTATION SKILLS TRAINING

### DESCRIPTION

This course will develop the participant's ability to act in a consulting capacity within the Department and with community agencies and groups involved in service delivery. The course focuses on the roles of the consultant. the consulting dimensions, phases of organizational change, and models and theories relating to social power, entry, problem solving and action planning. Participants will develop skills in: establishing a consulting relationship; contracting, gathering and analyzing data; choosing interventions for various consulting situations; designing plans of action; developing evaluation and follow-up steps and making presentations to clients. Emphasis will be on group work and team activities. Self-examination, feedback, critique, planning, and discussion with others will be stressed. That portion of the course devoted to theory will include lecturettes and workbook exercises.

### FOR WHOM

Individuals who consult within the public service or with non-government clients.

### WHEN OFFERED

Five-day workshop;

o November 2-6, 1987, Red Deer o March 7-11, 1988, Lethbridge

Time: 9:00 am - 4:30 pm

Also available on request after November 1987; can be delivered regionally.

Also listed under "Delivery of Services" and "Communication Skills".

### DEALING WITH THE PUBLIC

### DESCRIPTION

This course will enable participants to recognize the benefits of a positive attitude when assisting the public and improve interpersonal skills for dealing with them. Strategies for coping with job stress, telephone techniques, and effective problem solving skills will be learned. Participants will be introduced to the organization and functions of the Alberta Public Service. This course is offered through PAO.

### FOR WHOM

Staff whose jobs involve contact with the public by telephone, in person, or through correspondence.

### WHEN OFFERED

Two-day workshop;

September 10-11, 1987, Edmonton September 28-29, 1987, Edmonton October 19-20, 1987, Edmonton November 12-13, 1987, Edmonton December 1-2, 1987, Edmonton December 7-8, 1987, Edmonton December 7-8, 1987, Calgary January 11-12, 1988, Edmonton January 28-29, 1988, Edmonton February 8-9, 1988, Edmonton February 25-26, 1988, Edmonton March 18-19, 1988, Edmonton March 22-23, 1988, Edmonton

Standard nomination procedure for PAO courses to be followed; nominations for regions to RSDC or regional personnel officer by August 21, 1987 nominations for Corporate office to Staff Development by August 27, 1987.

Also listed under "Office Administration".

### INTERPERSONAL COMMUNICATION

### DESCRIPTION

This course is designed to enhance an individual's interpersonal communication skills. Participants will define the core dimensions of the interpersonal communication process and recognize the use of related skills. Individuals will demonstrate conceptual and practical competence at the following skills: attending behavior and active listening, use of open and closed questions. paraphrasing, reflection of feelings, behavior description, giving and receiving feedback, and sending clear, concise messages. These skills will be applied in a conflict and negative feedback situation. Internal and external barriers and unwanted verbal and non-verbal mannerisms will be identified. Various interpersonal styles will be discussed. Each skill will be dealt with separately and video-monitored skill practice will accompany lectures and discussion.

### FOR WHOM

Programs are generally delivered to members of distinct target groups (clerical staff, social workers, institutional staff). (10-15 participants per workshop).

### WHEN OFFERED

Two-day workshop;

o December 15-16, 1987, Edmonton o May 3-4, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally

INTERPERSONAL AND ORGANIZATIONAL SKILLS FOR CLERICAL AND SECRETARIAL STAFF

### DESCRIPTION

This course provides secretarial/clerical staff with an opportunity to develop their interpersonal and administrative skills. The program will enable participants to: assess the impact of their leadership skills on the organization; formulate a personal plan for strengthening existing skills; employ both logical and creative problem solving techniques in typical decision-making situations on the job; identify the means to positive communication and effective conflict resolution methods: identify strategies for time management, and develop strategies to deal with stress.

### FOR WHOM

Secretarial and clerical staff (15-20 participants per workshop).

### WHEN OFFERED

Three-day workshop;

o November 25-27, 1987, Calgary o February 10-12, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also listed under "Office Administration".

### MANAGEMENT INFORMATION - HOW TO GET IT

### DESCRIPTION

Information is a powerful corporate resource. This course will focus on the availability and variety of information in social services. Participants will clarify their information needs, identify information resources in the Department, learn how to access relevant information. and use this information in the management decision-making process. Data modeling, data bases, and the role of the Information Centre will be discussed. Participants will have the opportunity for hands-on computer work, using at least one management information system. Some background knowledge of the PROFS would be helpful.

### FOR WHOM

Managers, planners, program developers, and those responsible for gathering management information (15-25 participants per workshop).

### WHEN OFFERED

12-day workshop.

o October 27, 1987, Edmonton o December 15, 1987, Calgary

Time: 8:30 am - 12:00 am

Also available on request for delivery in Edmonton and Calgary.

### MEDIA MAZE

### DESCRIPTION

This workshop will prepare departmental officials to comfortably handle interviews with the media. Discussion will include the roles and responsibilities of the media and the departmental representative in an interview, relevant departmental guidelines, and tips on dealing with the media in an interview situation. Individuals will participate in a mock, televised interview in which they will practice the skills they have learned. The presenters will provide ample feedback to participants.

### FOR WHOM

Departmental officials who have contact with the media (maximum of 8 participants per workshop).

### WHEN OFFERED

One-day workshop; available on request; can be delivered regionally. Interested staff should consult with Regional Community Relations Officer or Jim Dau, Media Relations Specialist, Minister's Office before applying.

### PRESENTATION EXCELLENCE

### DESCRIPTION

This course will increase the skills of the participant in effectively presenting ideas to a group. The program focuses on audience analysis, definition of purpose, structure of the presentation, verbal and non-verbal communication skills, question and answer sessions, and orienting towards success. Participants will be expected to make a brief presentation.

### FOR WHOM

Staff members who make presentations at meetings or other large gatherings; (maximum of 14 participants per workshop); content of the workshop can be adapted to meet needs of specific participant groups.

### WHEN OFFERED

Two-day workshop;

o November 4-5, 1987, Calgary o April 6-7, 1988, Edmonton

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally based on available resource people.

### REPORT WRITING WORKSHOP

### DESCRIPTION

In this course participants will learn how to write effectively to get results. What a report is to do, what it needs to include, what to do before writing, and how to write the report will all be examined. Selecting and using visual aids, and editing and revising the draft are other skills participants will acquire. Other topics will include: table of contents, summaries, formatting, conclusions, recommendations, appendices and indices, and bibliographies. There is individual coaching and guidance from the workshop leader. Participants should bring any in-progress work to the course.

### FOR WHOM

Staff who prepare formal reports as a regular part of their job. A basic understanding of the rules of grammar is assumed (10-15 participants per workshop).

### WHEN OFFERED

Two-day workshop.

- o November 18-19, 1987, Edmonton Time 8:30 am - 4:30 pm
- o January 13-14, 1988, Lethbridge Time 9:00 am - 4:30 pm
- o January 27-28, 1988, Calgary Time: 8:30 am - 4:30 pm
- o February 23-24, 1988, Edmonton Time: 8:30 am - 4:30 pm

### TELEPHONE COMMUNICATIONS (R.I.T.E.)

### DESCRIPTION

This workshop is designed to develop participant knowledge of the R.I.T.E. system and to increase participant understanding of the importance of the telephone as a tool for communication. Emphasis given is dependent on needs of specific participant groups (eg: Management, Professional, Clerical). Course topics include giving and receiving messages with greater accuracy; specific techniques for effective telephone use; identifying problems which may arise from improper use of the telephone; speech imperfection and voice quality; information on the R.I.T.E. System and proper use of the System.

### FOR WHOM

All Department Staff - Workshop will be tailored to needs of specific participant group (12-25 participants per workshop).

### WHEN OFFERED

1/2-day workshop; available on request in Edmonton and Calgary.

Also listed under "Special Programs".

### UNDERSTANDING AND MANAGING THE HELPING RELATIONSHIP

### DESCRIPTION

This course provides participants with the knowledge and skills required to understand, initiate, or engage in the helping relationship. Topic areas can include: developing rapport with resistant clients; diffusing hostility during a telephone contact or interview; turning conflict into cooperation; and getting required information without interrogation.

### FOR WHOM

All helping professionals; the focus and design of the workshop will be determined in consultation with the group initiating the request (workshop size may vary from 8-12 participants).

### WHEN OFFERED

Two or three-day workshop; available on request; can be delivered regionally or to worksites.

Also listed under "Delivery of Services."



# Special Programs



### BACK CARE

### DESCRIPTION

The health education program on Back Care is designed to assist in lowering the incidence of back injuries among government employees. The presentation includes the causes of low back pain and techniques for the prevention of back problems including general back care and good body mechanics while lifting. Demonstrations and practice of back strengthening exercises and lifting techniques are included.

### FOR WHOM

Anyone for whom lifting is part of their job (including staff handling supplies in a district office). VDT Operators should access PAO which has a VDT program with back care integrated into the training (12-25 participants per workshop).

### WHEN OFFERED

Available on request through regional and corporate Occupational Health and Safety liaison persons.

### CONSULTATION SKILLS TRAINING

### DESCRIPTION

This course will develop the participant's ability to act in a consulting capacity within the Department and with community agencies and groups involved in service delivery. The course focuses on the roles of the consultant. the consulting dimensions, phases of organizational change, and models and theories relating to social power, entry, problem solving and action planning. Participants will develop skills in: establishing a consulting relationship; contracting, gathering and analyzing data; choosing interventions for various consulting situations; designing plans of action; developing evaluation and follow-up steps and making presentations to clients. Emphasis will be on group work and team activities. Self-examination, feedback, critique, planning, and discussion with others will be stressed. That portion of the course devoted to theory will include lecturettes and workbook exercises.

### FOR WHOM

Individuals who consult within the public service or with non-government clients.

### WHEN OFFERED

Five-day workshop;

- o November 2-6, 1987, Red Deer
- o March 7-11, 1988, Lethbridge

Time: 9:00 am - 4:30 pm

Also available on request after November 1987; can be delivered regionally.

Also listed under "Delivery of Services" and "Communication Skills".

### FREEDOM STOP SMOKING PROGRAM

### DESCRIPTION

This is a complete step-by-step program to assist smokers in breaking free from the cigarette habit. It is based on behavior modification approach, and also includes attitude change strategies. The program is lead by a professional Health Education Consultant who also offers through Edmonton hospitals. Topics covered include:

the benefits of quitting smoking preparing to quit how to quit "cold turkey" practical strategies for dealing with cravings stress management techniques weight management techniques long term maintenance of nonsmoking

### FOR WHOM

For all Department staff. Family members may also attend.

### WHEN OFFERED

This program is offered in seven 90-minute sessions, run over a period of 12 days.



Availability of the program is subject to demand.

### COST

\$125 per person, payable by individual employee; registration and contracting to be coordinated by RSDC or regional personnel officer; in Corporate to be coordinated by Staff Development.

### HUMAN RIGHTS - EMPLOYER'S WORKSHOP

### DESCRIPTION

This program, presented by members of the Human Rights Commission, will enable participants to examine human rights issues as they affect the employer. Through film, group discussion and exercises on specific topics, participants will gain a better understanding of their rights and responsibilities in dealing with situations which involve human rights. Specific areas covered are the following:

- the employer's rights;
- 2) provisions of the Individual's Rights Protection Act:
- relationship between the Charter of Rights and the Individual's Rights Protection Act;
- the process of investigating complaints;
- 5) dealing with physical disabilities;
- 6) interviews and application forms;
- 7) sexual harassment.

### FOR WHOM

Managers and supervisors who require an introduction to human rights issues to assist them in their current work, or for their career development.

### WHEN OFFERED

One-day workshop;

o January 21, 1988, Calgary;

Additional one-day seminars can be arranged if demand warrants; requests can be made through RSDC or regional personnel officer; or through Staff Development for corporate staff.

### IMPLEMENTING SAFETY PRACTICES

### DESCRIPTION

This course promotes accident prevention in the work place. Participants will understand safety responsibilities and the application of occupational health and safety legislation at all levels of the organization. Identifying accident causes and hazards at the worksite and developing strategies for their control as well as investigating and reporting occupational accidents will all be covered. Emphasis is placed on the importance of preventing accidents and developing and applying a safety program.

### FOR WHOM

Supervisors and managers; workshop can be tailored to specific needs of the group (12-25 participants).

### WHEN OFFERED

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One-day workshop for office supervisors only;

o October 26, 1987, Edmonton

Also available upon request through regional and corporate Occupational Health and Safety liaison persons.

Two-day workshop for shop and field supervisors only; available on request through regional and corporate Occupational Health and Safety liaison persons.

### LEADERSHIP FOR CHANGE

### DESCRIPTION

This program enables participants to understand the many aspects involved in managing complex change and to apply various processes to managing change in their workplace. The dynamics of change; models and strategies for managing change; imposed versus initiated change; and structures and roles to support the change process will all be examined. Participants will develop a plan for application on the job.

### FOR WHOM

Managers involved in a current change project (4-20 participants).

### WHEN OFFERED

Two-day workshop plus one-day follow-up; available on request after November 1987.

### PRE-RETIREMENT PLANNING

### DESCRIPTION

This program is designed to help participants plan for the future and a successful transition into retirement; assess their own resources, interests, skills; review lifestyle options; and identify other sources of information/advice. Specific topics covered include pensions, financial and legal concerns, health and nutrition, housing alternatives, time utilization, aging and retirement. This course is offered through PAO.

### FOR WHOM

Employees and managers and their spouses; it is recommended that the course be taken within 10-15 years from retirement. (Please indicate on your application if your spouse will be attending with you).

### WHEN OFFERED

Two-day workshop.

- o October 5-6, 1987, Lethbridge Time: 9:00 am - 4:30 pm
- o October 8-9, 1987, Calgary Time: 8:30 am - 4:30 pm
- o November 19-20, 1987, Edmonton Time: 8:30 am - 4:30 pm
- o December 3-4, 1987, Edmonton Time: 8:30 am - 4:30 pm
- o January 14-15, 1988, Calgary Time: 8:30 am - 4:30 pm
- o March 10-11, 1988, Edmonton Time: 8:30 am - 4:30 pm

Standard Nomination Procedure for PAO courses to be followed; nominations for regions to RSDC or regional personnel officer by August 21, 1987; nominations from Corporate offices to Staff Development by August 27, 1987.

### COST

\$105.00 per government employee. There will be no extra charge for spouses who accompany participants. Please indicate on your application form if your spouse will be attending the course with you. This is important for class counts and department seat allotment.

### PROJECT MANAGEMENT

### DESCRIPTION

This workshop is specifically designed for Departmental personnel involved in planning and implementing major program and organizational changes using the project management approach. Participants will identify project management issues, understanding the value of project management as a management tool for major work initiatives, and define and describe the project management cycle and its relationship to strategic and operational planning. There will be an opportunity to practice skills required for the planning, implementing, and controlling of projects. The divisional project management system and protocols will be described.

### FOR WHOM

Departmental staff who are managing projects or who are to be assigned project management responsibilities (12-25 participants per workshop).

### WHEN OFFERED

Three-day workshops.

o January 19-21, 1988, Edmonton o February 9-11, 1988, Calgary

Time: 8:30 am - 4:30 pm

Also available on request; can be delivered regionally.

### TELEPHONE COMMUNICATIONS (R.I.T.E.)

### DESCRIPTION

This workshop is designed to develop participant knowledge of the R.I.T.E. system and to increase participant understanding of the importance of the telephone as a tool for communication. Emphasis given is dependent on needs of specific participant groups (eg: Management, Professional, Clerical). Course topics include giving and receiving messages with greater accuracy; specific techniques for effective telephone use: identifying problems which may arise from improper use of the telephone: speech imperfection and voice quality; information on the R.I.T.E. System and proper use of the System.

### FOR WHOM

All Department Staff - Workshop will be tailored to needs of specific participant group (12-25 participants per workshop).

### WHEN OFFERED

1/2-day workshop; available on request in Edmonton and Calgary.

Also listed under "Communication Skills".



### Self Instructional Programs



#### THE CHILDS ACCOUNT

#### DESCRIPTION

This is an integrated training program which provides instruction in the use of anatomically correct dolls in the investigation of child sexual abuse through:

- a videotape, which includes narration and excerpts of interviews between Front-line Child Welfare workers and children; and
- 2) supplementary manual which further expands the key points addressed in the tapes. Guidelines for the use of the dolls, specific strategies, and additional material are included to increase the effectiveness of this investigative tool.

Specific skills acquired include: determining the need for the use of the dolls; handling the dolls; introducing the dolls to the child and understanding his/her terms for body parts and activities; asking appropriate questions and focusing questions; comforting and affirming the child; and closing the interview.

#### FOR WHOM

Child protection case workers who investigate allegations of child sexual abuse, casework supervisors, child welfare consultants.

#### WHEN OFFERED

Available on request from Staff Development.

#### DELIVERY MODE

 Train-the-trainer sessions for identified experts who will then train others - supervisor/workshop leader shows video, leads discussion, and presents information in manual and additional handouts. Time is spent

- desensitizing participants and becoming comfortable with using the dolls in practice/role playing.
- Self Study individuals and supervisor or more experienced colleagues view video tape, read and discuss manual, and practice using the dolls through role playing.

#### SPECIFICATIONS

Video: Color; 24 min; Beta, VHS, 3/4

inch formats.

Manual: 43 pages, 5½" x 8", coilbound.

# COURT PROCEDURES TRAINING PROGRAM (Manual)

#### DESCRIPTION

A key objective of the Court Procedures Training Manual is to enhance the credibility, competence, and confidence of social workers in their court role. The manual is designed to assist supervisors and social workers to progress through the material at their own pace and convenience. It can be used in the office setting during unit meetings or inservice sessions. It also serves as a useful ongoing reference in preparing for court. Content includes Department-specific information and procedures on:

- o the child welfare worker's role in court;
- o case preparation for court;
- o participating in a child welfare
  hearing;
- o applying for specific court orders; and,
- o a one-stop reference about court work.

#### FOR WHOM

Social workers who appear in court.

#### WHEN OFFERED

Available on request from Staff Development.

#### DELIVERY MODE

The manual has been designed to facilitate learning through educational settings, workshop and inservice sessions, coaching situations, and individual instruction.

THE FREEDOM BOOK (Cessation of Smoking)

#### DESCRIPTION

This self-help workbook features a complete step-by-step program to assist smokers in breaking free from the cigarette habit. It is based on a behavior modification approach, and also includes attitude changes strategies. The workbook was designed by a professional Health Education Consultant who also offers stop smoking programs through Edmonton hospitals. The book includes an extensive section on how to prepare to quit, practical tips on how to quit "cold turkey", stress and weight management techniques, and suggestions for long term maintenance of nonsmoking. Written and practical "assignments" throughout the book make this a "hands-on" guide.

#### FOR WHOM

For anyone who wants to quit smoking.

#### COST

\$14.95 plus \$1.50 postage and handling. Copies may be ordered by sending a cheque or money order to:

Judy M. Hancock Health Education Consultant P.O. Box 4842, Postal Station E Edmonton. Alberta T6E 5G7 THE HELPING RELATIONSHIP: BASIC CHILD INTERVIEWING SKILLS

#### DESCRIPTION

This training package includes information and specific instructions for leading an on-site training session about how to interview children: the pre-schooler, school-age child, and the adolescent. The package contains two components:

- 1) a videotape on Basic Child Interviewing Skills includes interviews (performed by Department social workers, a child care worker and child actors) preceded by narration, introducing the technique and principles demonstrated on the tape. The video not only demonstrates techniques but models attitudes of respect for the child.
- 2) a leader's guide to assist in designing and leading a half day or one day session. The material can be adapted to meet the "trainer's" style and learning needs of the participants. The guide includes:
- o training objectives and audience;
- o group leader's guide with background on adult learning, overview of the training session, preparation for training.;
- o lesson plans for suggested learning
  activities;
- o discussion questions o role plays;
- o sample handouts
- o articles on interviewing children and child growth and development.

#### FOR WHOM

Child Welfare Supervisors and District Office Managers who wish to conduct on-site training for social workers; adaptable for use by professionals who want to enhance their skills in interviewing children.

#### WHEN OFFERED

Available on request from Staff Development.

#### SPECIFICATIONS

Video: color, 30 minutes

½ inch VHS or 3/4 inch Umatic

Formats.

Manual: 80 pages.

#### SUICIDE PREVENTION TRAINING: GROUP FACILITATOR'S GUIDE

#### DESCRIPTION

This half-day training program and group facilitator's guide are intended for use by qualified group leaders who wish to conduct on-site training for social workers in suicide prevention. Major objectives of the course include:

- Using a video scenario involving a counsellor-client interaction, to be able to a) identify a variety of warning signs or risk factors demonstrated by or associated with the client and b) make a risk assessment based on a consideration of these signs.
- 2) Using the mnemonic SAD CHILDREN
  PLAN, to be able to a) indicate how
  risk factors included in the mnemonic
  (i.e. one for each letter) can be
  used to help identify a person at
  risk and b) complete a risk
  assessment on the client seen in
  the above-mentioned videotape.
- 3) To be able to identify and discuss the various intervention strategies/ options available for use with clients at risk.

The group facilitator's guide will incorporate everything needed to prepare for and deliver the training. Information concerning group process considerations, setting up the training area as well as lesson plans, handouts, background readings and the videotape are included.

#### FOR WHOM

Child Welfare workers and others who potentially come into contact with suicidal youth.

#### WHEN OFFERED

Available on request from Staff Development.

#### SPECIFICATIONS

Video: Color; 30 min.; VHS; 1/2 inch format.

#### WORD PROCESSING SELF-STUDY

#### DESCRIPTION

This program is designed to teach the participant skills on the IBM 5520 Administrative (word processing) System. The program consists of two courses: Basic and Advanced Operating Procedures, and Basic and Advanced (Data) File Management. The Operating Procedures course consists of 27 modules, including a review module, and covers all text functions. Files training is made up of 6 modules that cover basic and advanced data file management including instruction in multi-level sorting and record selection, working independently, from a self-study training guide, with assistance from experienced operators when required. Participants must have access to an IBM 5520 terminal. Participants may book time at the Word Processing Centre, 6th Floor, SSP, or work locally at their own worksite (if a terminal is available). A certificate is received upon completion of advanced topics in each course.

Basic Operating Procedures (10-20 hours estimated completion time)

- o document creation
- o formatting
- o minor revisions
- o printing

Advanced Operating Procedures (17-36 hours estimated completion time)

- o letters
- o major revisions
- o document build
- o block functions
- o document library functions
- o replacing phrases
- o page/line numbering
- o paginate functions
- o margin text
- o indented projects
- o alignment functions
- o typestyle/keyboard change

- o document distribution
- o dictionary functions
- o notes
- o printers/devices

Basic Files (10 hours estimated completion time)

- o overview of files
- o basic file operations
- o basic file creation

Advanced Files (20-30 hours estimated completion time)

- o advanced file operations
- o advanced file creation
- o stored procedures

Course can be accessed directly by contacting Carol Althouse, Central Word Processing, or through Staff Development.

# Information and Referral



# STAFF DEVELOPMENT RESOURCE CENTRE - CATALOGUE

#### DESCRIPTION

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Staff Development has issued a resource catalogue to all worksites as of April, 1987. The purpose of this catalogue is to provide Social Services' staff a reference that lists all video cassettes, films, audio cassettes and instructional kits held by Staff Development. All resources listed in this catalogue are available for viewing within the Staff Development Resource Centre, individually or in small groups of 4-5 people. In order to ensure availability it is recommended that you reserve both the resource and the Resource Centre at least one week in advance by contacting Linda Desaulniers, Resource Coordinator at 427-5949. The Resource Centre is located at Staff Development on the 6th Floor, South Tower, Seventh Street Plaza, 10030-107 Street in Edmonton and is open between 8:15 a.m. and 4:30 p.m., Monday through Friday. Arrangements may also be made to preview resources at the worksite. Materials are available for a one week period.

Revised editions to the Resource Catalogue will be issued periodically to reflect any newly acquired media. Staff Development welcomes any input of suggested resources we could investigate for possible future acquisition.

#### TRAINING OUTSIDE THE DEPARTMENT

Staff Development personnel are in constant contact with other government departments and non-government organizational and individuals offering training in areas such as public administration, financial management, office administration, stress management, time management, leadership, interpersonal communication, program evaluation, public speaking, computer operations and effective writing. If managers and supervisors cannot find appropriate programs offered through the Department to meet training needs which they have identified, Staff Development will assist them in obtaining information on other courses and trainers that could address such needs.



# Career Development



## CAREER PLANNING CENTRE FOR ALBERTA PUBLIC SERVICE EMPLOYEES

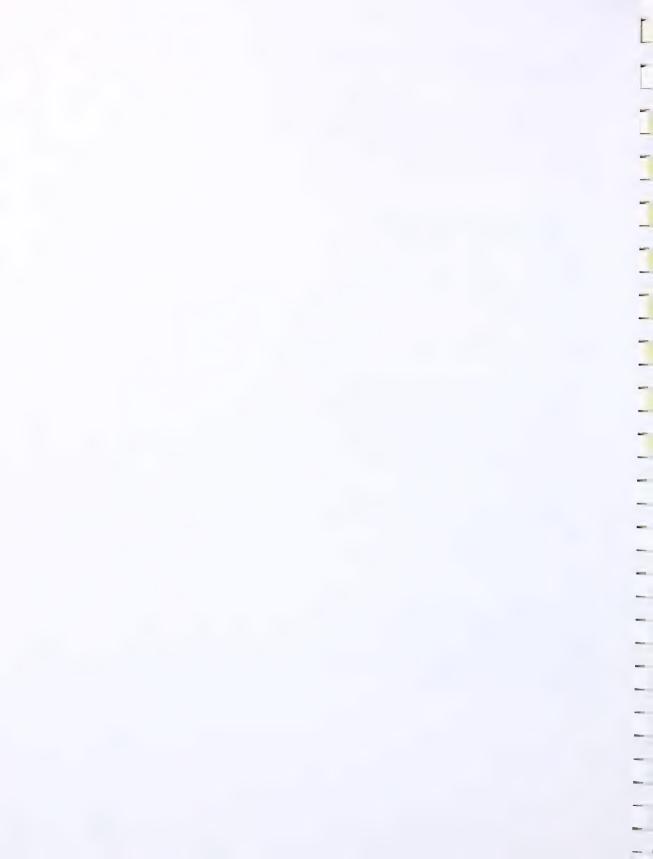
In collaboration with the Department of Career Development and Employment, PAO has established a Career Planning Centre, within the Personnel Planning and Career Development Branch, as a service to employees. The purpose of the Centre is to:

- a) Supplement the career planning assistance currently provided to employees within their own department; and,
- b) Provide information and resources to personnel practitioners involved in providing career planning assistance to employees.

Services currently available through the Career Planning Centre are:

- a) Provision of career planning assistance to individual employees. Appointments for this service can be made by contacting Pamela Holms at 422-4282. Employees will be assisted in examining career options, in researching these options and in making decisions and action planning;
- Provision of custom design training programs for departments in the area of career planning; and,
- c) Provision of advice and information on career planning for personnel practitioners.

Over the next year the services of the Career Planning Centre will be expanded to include a series of noon-hour career planning modules for employees to access on a "drop-in" basis as well as a series of correspondence modules for employees located outside of Edmonton.



# **Extended Faculty**



#### EXTENDED FACULTY

The Role of Extended Faculty Training is delivered through the use of a variety of resources. Members of Staff Development are involved in the delivery, coordination and monitoring of programs. The Department, however, realizes the vast pool of expertise that it holds in its own program and delivery staff. To utilize this knowledge, number of selected staff members are released on a part-time basis from their regular functions to design and deliver Department training. The Department also draws on a variety of professionals in other government departments and community agencies.

How to Become Extended Faculty
If you would like to become an extended faculty, contact Staff Development to discuss opportunities for training, specific time commitments, skills and knowledge needed as an instructor, and the orientation and training that would be provided to you. If there is then mutual interest by yourself and Staff Development for you to become an extended faculty, consultation with your manager or supervisor would follow regarding the ability and willingness to integrate training with your other job functions and responsibilities.

Staff Development provides a number of supports to ensure extended faculty can be successful in their training activities:

- o Training-for-trainer sessions that cover adult learning principles, understanding and utilizing group dynamics, instructional techniques, audio-visual aids, and practice presentations with feedback from experienced trainers.
- o Opportunities to audit relevant courses.
- o Provision of comprehensive training manuals for a given course.
- Ongoing coaching by Staff Development personnel responsible for coordinating specific training programs.

o Meetings with training teams to discuss course content and techniques for delivery.

The following is a list of extended faculty currently training in courses listed in this calendar:

#### ALBERTA SOCIAL SERVICES

Althouse, Carol Manager, Word Processing Administrative Services Edmonton, Alberta

Ashton, Judy, Client Assessment and Treatment Team Alberta Place District Office Calgary, Alberta

Cartwright, Bob Safety Officer Human Resources Edmonton, Alberta

Cunes, Bill Client Assessment and Treatment Team Alberta Place District Office Calgary, Alberta

Dau, Jim Media Relations Specialist Minister's Office Edmonton, Alberta

Dearden, James Assistant D.O. Manager Slave Lake District Office Slave Lake, Alberta

Downey, Lorna Child Welfare Caseworker St. Albert District Office St. Albert, Alberta

Finkelberg, Harvey Coordinator Client Assessment and Treatment Team Alberta Place District Office Calgary, Alberta

Gibot, Ruby Child Welfare Caseworker Rocky Mountain House District Office Rocky Mountain House, Alberta Gironella, Dr. Oliva Assistant Director, Receiving Yellowhead Youth Centre Edmonton, Alberta

Hansen, Chris Child Welfare Caseworker Rocky Mountain House District Office Rocky Mountain House, Alberta

Killoran, Mike Manuals and Directives Analyst Records Services Edmonton, Alberta

Kessler, Sue Coordinator, Project Management Services Edmonton, Alberta

Latiff, Amanda Casework Supervisor Plaza 14 District Office Calgary, Alberta Lewis, Ruth

Chairperson Planning Assessment Review Committee Plaza 14 District Office Calgary, Alberta

Maher, David Child Welfare Consultant Emergency Social Services Edmonton, Alberta

Massiah, Elizabeth Casework Supervisor Whyte Avenue District Office Edmonton, Alberta

McGuire, John Director, Information Management Services Information Resource Management Edmonton, Alberta

Morris, Wes Casework Supervisor Plaza 14 District Office Calgary, Alberta

Ouellet, Richard Casework Supervisor Centennial Mall District Office Edmonton, Alberta Rinehart, Kathy Casework Supervisor Plaza 14 District Office Calgary, Alberta

Rolfe, David Child Welfare Program Specialist Regional Director's Office Central Region Innisfail, Alberta

Sandhurst, Lowyne Emergency Caseworker Emergency Social Services Edmonton, Alberta

Schnell, Ken Director, Yellowhead Youth Centre Edmonton, Alberta

Setterlund, Carolyn Child Welfare Consultant Emergency Social Services Edmonton, Alberta

Shepherd, Doug Community Relations Officer Regional Director's Office South Region Coaldale, Alberta

Sheppard, Craig Program Manager Children's Services Alberta Place District Office Calgary, Alberta

Stonehouse, Ron Coordinator, Records Systems Records Services Edmonton, Alberta

Switzer, Dennis Assistant D.O. Manager Willow Park District Office Calgary, Alberta Thompson, Dick Assistant D.O. Manager Plaza 14 District Office Calgary, Alberta

Versaevel, Catrina Executive Director, Management Services Edmonton Alberta

Webb, Sharon Casework Supervisor Centennial Mall District Office Edmonton, Alberta

Wellings, Dave Child Abuse Prevention Coordinator Alberta Place District Office Calgary, Alberta

Wuchterl, Val Child Welfare Caseworker Millwoods District Office Edmonton, Alberta

## OTHER GOVERNMENT DEPARTMENTS AND COMMUNITY AGENCIES

Bakker, Anita Supervisor Edmonton R.I.T.E. Public Affairs Bureau Edmonton, Alberta

Beach, Bill AADAC Community Education Edmonton, Alberta

Craddock, Robert Training and Development Unit Personnel Administration Office Edmonton, Alberta

Hunter, Hope AADAC Training Programs Edmonton, Alberta

Lavers, Alyson Director, Parent Aide Program Family Service Association Edmonton, Alberta McDermott, Nancy Education Officer, Calgary Regional Office Alberta Human Rights Commission Calgary, Alberta

O'Brien, Karen Training and Development Unit Personnel Administration Office Edmonton, Alberta

Rausch, Carl Consultant Family and Community Support Services Community and Occupational Health Lethbridge, Alberta

St. Arnaud, Denis Regional Director (Northern) Edmonton Regional Office Alberta Human Rights Commission Edmonton, Alberta

#### CONTRACT RESOURCES

The Department also contracts with a variety of external professionals to deliver training. The following individuals deliver courses listed in this calendar.

Baker, Linda Baker Black Psychological Services Edmonton, Alberta

Berube, Pierre Sherwood Park, Alberta

Brayton, Gary Calgary, Alberta

Brummitt, Dr. Jack Alberta Children's Hospital Calgary, Alberta

Dunnigan, Neil Professional Martial Arts Instructor Neil Dunnigan's Karate-Do Edmonton, Alberta

Fox, Arnold Health Administrator Department of Health Blood Tribe Standoff, Alberta Golosky, Amanda Native Counselling Services of Alberta Edmonton, Alberta

Graham, Carol Graham, Hagel Barristers and Solicitors Calgary, Alberta

Hudson, Esther Performance Management Institute Edmonton, Alberta

Morin, Ruth Nechi Centre Edmonton, Alberta

Irvine, David Lethbridge, Alberta

Nault, Phyllis c/o Neechi Centre Edmonton, Alberta

Parry, Allan Abingdon Consultants Edmonton, Alberta

Paton, Dr. T.J. Local Board of Health Edmonton, Alberta

Podlubny, Linda St. Albert, Alberta

Riediger, Dr. A.J. Forensic Assessment and Community Services Edmonton, Alberta

Wolfe, Pearl Grande Prairie, Alberta

Wurmann, Wiedman, Egan & Associates, Ltd. Professional Social Work Services Edmonton, Alberta

**Appendices** 



#### APPENDIX A

#### LEARNING CONTRACT

#### **Guide to Contract Completion**

The learning contract is a tool used by a supervisor and employee to help ensure the effective use of the time, resources, and finances involved in the training process. Once a supervisor and employee identify an area for personal and/or professional development there is a five-step process that should be followed to achieve the maximum benefit from a training activity. This learning contract covers four of the five steps, these being:

- A. Identified Need
- B. Learning Objectives
- C. Training and Development Activity Selection
- D. On-the-Job Application

The fifth step is follow-up which is done by the supervisor and employee six to twelve weeks after the training program.

This learning contract should be jointly discussed and completed by the supervisor and employee in order to focus their attention on a common understanding of needs and areas of responsibilities.

#### A. Identified Need

This can be initially determined by the supervisor and/or the employee and is jointly agreed upon prior to any training activity being started. Identified training needs can result from a variety of on-the-job circumstances such as:

- An employee or supervisor may recognize the need for continuing education and personal development that may involve knowledge or skills development.
- A job is changing and an employee will be required to develop a new skill or acquire a new knowledge base.
- iii) An employee is taking on new job responsibilities and will require knowledge or skills updating, acquisition or development.
- iv) an employee's performance is not meeting the standards of the unit and there is a requirement for additional training to improve the level of performance.

The identified need should be determined during the employee's performance appraisal and should be noted on the M.P.A.S. or E.P.A.S. form. It is recognized that training needs do surface between appraisals and these should be documented as they arise. A learning contract also should be completed at this time.

Note: This section requires the supervisor and employee to answer the question  $\dots$ 

What knowledge or skills are required/desired for the employee to more effectively do the job?

#### Example:

John/Susan needs to lean how to run a staff meeting in order to:

- i) coordinate the efforts of the work unit.
- ii) give and review information to/from the unit at one time

#### B. Learning Objectives

These are jointly identified and developed from the learning needs. These specify skill levels and actions an employee will demonstrate as a result of the training and subsequent follow-up.

A learning objective is clear, specific, measurable and achieveable. It does not use words or statements that are generalizations. A learning objective should be written in such a manner that when it is being achieved by the employee it is visible in some form of on-the-job behavior.

Note: This section requires the supervisor and employee to answer the question:

What will the employee be able to do upon completion of the learning/development activity?

#### Example:

John/Susan will be able to:

- i) prepare an agenda
- ii) prepare staff meeting minutes that show:
  - a. areas discussed
  - b. recommendations
  - c. who is responsible for action
  - d. time frames for action
- iii) include all staff members in discussions and decisions during the meetings.

| Objectives Agreed Upon: Date |           |
|------------------------------|-----------|
|                              |           |
| Employee                     | Superviso |

### C. Training and Development Activity or Course Proposed

This is selected as a result of identifying the learning needs and objectives. Once the first two steps have been completed these will help direct both the supervisor and employee to select the strategy that best meets the timing, resources available, learning needs and applications of training.

This may include a number of activities that can be jointly decided upon such as: the reading of a book or manual and a number of on-the-job practice sessions.

Note: This section requires the exact name of courses, conferences workshops, manuals, apprenticeship programs.

Example:

Meeting Skills

#### D. On the Job Application of Learning

This is the critical section of the learning contract as it outlines what responsibilities the supervisor and employee will take to ensure the use of the learning skills at the work place.

Note: The typical one-day to two-day training activities undertaken by employees require them to practice skills and use their knowledge in order to master it for on-the-job use. Training/Development does not end when the book or manual has been read, or the course is over. Supervisors and employees should include time frames that incorporate learning and practice time for mastery of a skill area and subsequent incorporation into the work habits of the employee.

- The employee will take the learning contract to the training activity and will complete this section at the end of the course.
- The supervisor will review and complete this section of the learning contract after the training activity indicating what specific opportunities and actions he/she will take to ensure the on-the-job application of learning.

Note: This section requires the supervisor and employee to answer the questions:

Employee: D(1) What action(s) will I take to apply this learning to the work place?

#### Example:

- I will review with my supervisor the agendas and meeting minutes of my next four staff meetings.
- ii) I will make note of the contributions employees make to staff meetings and specifically ask for input from non-participants.
- iii)I will ask at the close of each discussion "Has

- everybody had a chance to give their thoughts on this area?".
- iv) I will write minutes that will show areas discussed, content, recommendations, decisions, who is responsible, and time lines for completion.

Supervisor: D(2) What opportunities will I provide or actions will I take to help ensure that my employee will apply the knowledge or skill(s) at the work place?

#### Example:

For the next four staff meetings John/Susan holds I will...

- i) review and discuss the agendas and meeting minutes prior to circulation.
- ii) discuss and provide strategies for including staff comments and commitment in staff meetings. I will substantially review the results with John/Susan.
- iii)review and discuss the results of the actions taken

# ALBERTA LEARNING CONTRACT

PAO 114 (11/82)

#### PLEASE PRINT

|    | Employee   | Supervisor  |  |
|----|--|---|--|
|    | IDENTIFIED NEED  |   |  |
|    | (Describe the learning need in ter   | rms of knowledge, skills desired.)                    |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
| 3. | LEARNING OBJECTIVES (Upon completion of the learning/development activity the employee will be able to:) |   |  |
|    | (opon completion of the learning   | racverophicia activity the employee will be able to.) |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
|    |  |   |  |
|    | Objectives Agreed Upon:  |   |  |

| D. | ON THE JOB APPLICATION OF LEARNING  |
|----|---|
| р. | (Describe the actions which will be taken to ensure use of the learning at the work place).  1. Action by the employee: |
|    |   |
|    |   |
|    |   |
|    | 2. Action by the supervisor:  |
|    |   |
|    |   |
|    |   |
|    |   |
|    |   |

#### APPENDIX B

Occupational Health and Safety Liaison Officers

Bruce Anderson, Northwest Region
Keith Allenby, Northwest Region
Diane Dunn, Edmonton Region
Julie Turlock, Eric Cormack Centre
Judy Samuels, Resources for the
Dependent Handicapped
Mike Mackie, Central Region and Michener
Centre
Carol Illingworth, Calgary Region
Gail Clark, Baker Centre
Ron Meidahl, South Region
Paul Clarke, Headquarters
Yolanda Stojack, Headquarters

